

Subject	Title	Author		
Counselling	What Life Could Mean to You	Adler, A		
Counselling	Integrating Traditional Healing Practices into Counselling and Psychotherapy	Moodly, R & West, W		
Counselling	Client Centred Therapy	Rogers, C.R.		
Counselling	Developing Person Centred Counselling	Mearns, D		
Counselling	Cognitive Behavioural Counselling in Action	Trower, P. Casey, A. Dryden, W.		
Counselling	On Learning from the Patient	Casement, P		
Counselling	Person Centred Counselling in Action	Mearns, D & Thorne, B		
Counselling	Counselling in the Pastoral and Spiritual Context	Lyall, D		
Counselling	The Presenting Past	Jacobs, M		
Counselling	Games People Play	Berne, E		
Counselling	On Jung	Stevens, A		
Counselling	An Introduction to Jung's Philosophy	Fordham, F		
Counselling	The Theory and Practice of Counselling	Nellson-Jones, R		
Counselling	Counselling and Therapy for Couples	Young, M.E. & Long, L.L.		
Counselling	Supervision in the Helping Professions	Hawkins, P & Shohet, R		
Counselling	Adult Attachment and Couple Psychotherapy	Clulow, C		
Counselling	Grief Counselling and Greif Therapy	Worden, J. W.		
Counselling	Breif Therapeutic Consultations	Street, E. & Downey, J		
Counselling	Person Centred Counselling	Thorne, B		
Counselling	Family Therapy in Changing Times	Gorrell Barnes, G		
Counselling	Family Therapy: Introduction to Family Therapy	Dallos, R. & Draper, R		
Counselling	An Introduction to Object Relations	Gomez, L		
Counselling	Motivational Interviewing (Helping People Change)	Miller, W.R. & Rollnick, S		
Coaching	Managing Worplace Stress	Williams, S & Cooper, L		
Coaching	Overcoming Low Self-Esteem	Fennell, M		
Coaching	The One to One Toolkit	Cooper, J & Reynolds, A		
Coaching	Co-Active Coaching	Whitworth, L. Kimsey-House, H, Sandahl, P		
Coaching	Motivation and Personality	Maslow, A.H.		
Coaching	Spiritual Life Coaching	Centre of Excellence		
Business	The Innovative Leader	Sloane, P		
Business	Maslow on Management	Maslow, A. H.		

Business	People, Psychology & Business	de Alberdi, L		
Healing	The Healing Handbook	Ward, T		
Healing	The Healing Voice	Newham, P		
Healing	How People Heal	Goldner, D		
Healing	Mindful Recovery	Bein, T & Bein, B		
Healing	Spiritual Healing	Angelo, J		
Healing	Healing with Energy	Fuentes, S		
Healing	Spiritual Healing: A Patient's Guide	Herzberg, E I		
Healing	Prayers for Healing	Oman, M (ed)		
Healing	Heal Your Body	Hay, L		
Healing	The Healing Poweer of Crystals	Jackson, C & J		
Healing	Crystals and Crystal Healing	Lilly, S		
Healing	Hands of Light	Brennan, B.A		
Healing	The Science of Subtle Energy	Kronn, Y & Kamp, J		
Healing	Healing the Child Within	Whitfield, C, L		
Healing	Mind to Mind	Shine, B		
Healing	Mind Waves	Shine, B		
Healing	Mind Magic	Shine, B		
Spirituality	How to make sense of Spirituality	Prema, G		
Spirituality	Life after Deata	Chopra, D		
Spirituality	The Celestine Prophecy	Redfield, J		
Spirituality	The Tenth Insight	Redfield, J		
Spirituality	The Secret	Byrne, R		
Spirituality	The Road Less Travelled	Scott Peck, M		
Spirituality	Further Along the Road Less Travelled	Scott Peck, M		
Spirituality	The Cosmic Code: Quantum Physics as the Language of Nature	Pagels, H. R		
Spirituality	The Biology of Belief	Lipton, B.H.		
Self Help	A Woman in Your own Right	Dickson, A		
Self Help	Mind Power	Kehoe, J		
Self Help	Mind Games	Kole, P		
Self Help	Mindfulness	Williams, M & Penman, D		

Self Help	Feel the Fear and Do It Anyway	Jeffers, S		
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